

Tracking & Woods Lore Workshop

Twin Falls Resort State Park

January 13-15, 2017



Presented by Trails, Inc.

www.trailsinlivinghistory.com

Instructors: Doug Wood • Dianne Anestis • Mike Little • Sue Little

Tracking & Woods Lore Weekend

Step back in time to the 18th century, when American Indians and European Americans lived closer to nature. Learn skills that were necessary for everyday life, and learn of the cultural sharing that has made our modern lives richer. Enjoy nature, drama, tracking, and history in outdoor and indoor settings at Tracking and Woods Lore Weekend.

The weekend is open to any person interested in 18th century lifestyle. Suitable for individuals enrolled in WVs Master Naturalist program (class hours to fulfill course requirements at the bottom of this agenda).. Women interested in Beyond BOW-type activities (Becoming an Outdoors Woman) will find Tracking and Lore Weekend something only possible in winter months. Men, women, and youth will discover new thoughts and understanding about centuries past and our place in centuries forward. Schedule, accommodations and weekend costs are below.

FRIDAY EVENING – January 13, 2017

7:00 pm – 8:45 pm

Azalea Room – Twin Falls Lodge

- Welcome to Twin Falls
- Cultural sharing in the 18th century
- An Eastern Woodland Indian story
- Eastern Woodland Indian hunting techniques
- Dressed for Frontier Tracking

8:45 pm – 9:00 pm

Break & snacks

Overview of activities

9:00 pm – 9:30 pm

“DEM BONES GONNA RISE AGAIN”

Mental skill with skulls. All weekend.

(MN-TRACKING)

Keep scrolling for more activities and times.

SATURDAY – January 14, 2017

Azalea Room – Twin Falls Lodge

8:30 am – 9:15 am

WORKSHOP: PAW PRINT IDENTIFICATION

(MN-TRACKING).



9:15 am – 9:30 am Break – no snacks.

Intro to the **Hunter/Gatherer/Scavenger Hunt**
This is not a large group event. Individuals and families will scavenge on their own and gather items listed. This is a friendly competition designed to hone tracking skills.

(MN-TRACKING & MN-PLANTS)

9:30 am – 12 noon

Inside main lodge entrance.

TRACKING WALK: “NOSE TO THE BREEZE & EAR TO THE GROUND”

(MN-TRACKING & MN-PLANTS).



12 noon – 1:30pm

Lunch and scavenging on your own. Work on your hunter/gatherer list.

1:30 pm – 3:00 pm

Azalea Room – Twin Falls Lodge

“MEDICINAL/EDIBLE/USEFUL PLANTS OF THE EASTERN WOODLAND INDIANS”

(MN-PLANTS)

3:30 pm – 5:30 pm

Tracking walk to help you work on your scavenger list. Don't ruin your supper.



5:30 pm – 8:30 pm

Azalea Room – Twin Falls Lodge

NATIVE SUPPER *and*

“GABRIEL ARTHUR’S 1674 TRIP THROUGH WESTERN VIRGINIA”

(Sponsored by the WV Humanities Council’s History Alive! program).

SUNDAY – January 16, 2017

Azalea Room – Twin Falls Lodge

9:00 am – 10:30pm

DEM BONES ANSWERS – “TOP TRACKER & RECAP”

Judging the scavenger hunt and rewarding the hunter/gatherers (bring your scavenged collection).

Tracking and Lore attendees not taking the MN-“Nature in Winter” class may depart if you chose.

(MN-TRACKING)

10:30 am – 11:30 am

Azalea Room – Twin Falls Lodge

Powerpoint **“NATURE IN WINTER”**

(MN-NIW)



11:30 am – 12:30 am

Lunch on your own.

12:30 pm – 2:30 pm

Gather inside lodge entrance.

An interpretive hike:

“CHANGING HABITATS & CHANGING DIETS: ANIMALS ADJUST TO WINTER” (MN-NIW)

2:30 pm – 5:00 pm

CHOOSE BETWEEN 2 EVENTS

Meeting locations announced during workshop.

A. Tracking Walk: EMPHASIS ON ANIMAL SIGNS & CALLING: Using voice to attract animals.

B. Naturalist’s Activity: SCIENTIFIC COLORING, TRACK MAKING, & presentation on **EARLY AMERICAN NATURALISTS.**



5:00 pm – 6:30 pm

Supper on your own.



6:30 pm – 7:30 pm

CHOOSE BETWEEN 2 EVENTS.

A. Outdoors Tracking Walk – “LISTEN TO THE DARK” - *Meet in main lobby*

B. Indoors Powerpoint – “ANIMALS OF INTEREST: extinct, extirpated, Rare, Threatened, & Endangered species near Twin Falls.” – *Meet in the Azalea Room*

Master Naturalist (MN) Class Hours:

This weekend may count toward class hours in:

- (1) TRACKING 4 hours (2) MEDICINAL, EDIBLE, & USEFUL PLANTS 3 hours, and*
- (3) NATURE IN WINTER, 3 hours.*



Tracking and Lore Weekend Costs

Reservations are required in order to prepare for the workshops and Native Supper.

Tracking and Lore Weekend PACKAGE PRICES

All packages include workshops, dinner on Saturday night and break refreshments.



Stay Friday and Saturday:

One Person – Two Nights’ Lodging & Workshop \$150.82

Two People – Two Nights’ Lodging & Workshop \$223.24



Stay Friday, Saturday and Sunday nights.

One Person – Three Nights’ Lodging & Workshop \$178.82

Two People – Three Nights’ Lodging & Workshop \$251.24

No Lodging–Workshops only \$76.32 per person

All packages include workshops, dinner on Saturday night and break refreshments.

Reservations are required.

Call 304-294-4000 for reservations, email twinfallssp@wv.gov.

www.twinfallsresort.com

