

2009 Special Events

Twin Falls Resort State Park

January 16 - 18
Tracking & Woods Lore

March 20 - 22
Scrapbooking Workshop

March 27 - 29
Guitar Workshop Weekend

April 11
Easter Egg Hunt

April 17 - 19
Photography Workshop

May 2
Mountain Bike the Park Day

May 3
Spring Nature Walk

June 6
Hike and Bike National Trails Day

July 18
26th Annual Bear Hole Race

September 18 - 20
Fall Photography Workshop

December 31
New Year's Eve Party

October 9 - 11
27th Annual Lumberjackin'
Bluegrassin' Jamboree



Rt. 97, PO Box 667
Mullens, WV 25882
Phone (304) 294-4000
Fax (304) 294-5000
www.twinfallsresort.com

PACKAGE PRICES

No Lodging-Workshop-per person \$ 63.00
One Person - Two Nights' Lodging \$172.00
Two People - Two Nights' Lodging \$235.00

Other package options are available. All packages include workshop, dinner on Saturday night and break refreshments.

Reservations are required.

West Virginia Division of Natural Resources
Capitol Complex, Charleston, WV 25305

STATEMENT OF POLICY REGARDING THE
EQUAL OPPORTUNITY TO USE FACILITIES AND
PARTICIPATE IN PROGRAMS

Visitors are responsible for obeying park rules and regulations.

"It is the policy of the West Virginia Division of Natural Resources to provide its facilities, accommodations, services, and programs, to all persons regardless to gender, race, color, age, religion, national origin, or disability. Proper licenses, registration and compliance with official rules and regulations are the only sources of restriction for facility use or program participation."

"The West Virginia Division of Natural Resources is an equal opportunity employer."

Tracking & Woods Lore Workshop

Presented by

Trails, Inc.

At

Twin Falls Resort State Park

January 16-18, 2009

304-294-4000
800-CALL WVA

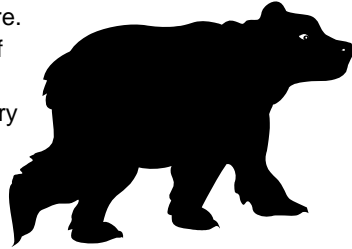
www.twinfallsresort.com

Tracking & Woods Lore

Step back in time to the 18th century, when American Indians and European Americans lived closer to nature.

Learn some of the skills that were necessary for everyday life, and learn of the cultural

sharing that has made our modern lives richer. Enjoy nature, drama, tracking, and history in outdoor and indoor settings.



For participants enrolled in the WV Master Naturalist (MN) Program, this weekend may count toward: (1) **TRACKING**, (2) Nature In **WINTER**, and (3) Medicinal/Useful **PLANTS** class hours.

Presented by Trails, Inc.

Instructors:

Doug Wood
Dianne Anestis
Mike Little
Sue Little

FRIDAY EVENING:

7:00 pm – 8:45 pm PLACE: *Chinquapin Room*

- Welcome to the Park.
- Cultural sharing in the 18th century.
- Story: “**EASTERN WOODLAND INDIANS**”
- Hunting techniques of the Eastern Woodland Indians.
- Introduction to tracking.

GAME: “**DEM BONES GONNA RISE AGAIN**” – mental skill with skulls. All weekend. **(MN-TRACKING)**

8:45 pm – 9:00 pm Break & snacks
Overview of activities

9:00 pm – 9:30 pm PLACE: *Meet at the main lodge entrance.*

TRACKING WALK: “**LISTEN TO THE DARK**” – Attune your senses to nocturnal life

- OR -

MN CLASS: “NATURE IN WINTER”

SATURDAY:

8:30 am – 9:15 am PLACE: *Chinquapin Room*

WORKSHOP: **PAW PRINT IDENTIFICATION** **(MN-TRACKING)**.

9:15 am – 9:30 am Break – no snacks

Intro. to the **Hunter/Gatherer/Scavenger Hunt** **(MN-TRACKING, WINTER, & PLANTS)**: This is not a large group event. Individuals and families will scavenge on their own and gather items listed. This is a friendly competition designed to hone tracking skills.

9:30 am – 11:30 am PLACE: *Twin Falls Trail parking area.*

TRACKING WALK: “**NOSE TO THE BREEZE & EAR TO THE GROUND**” **(MN-TRACKING & WINTER)**.

11:30 am – 2:30pm Lunch & scavenging on your own.
Work on your hunter/gatherer list.

2:30 pm – 4:30 pm PLACE: *Picnic Shelter # 1*
ALTERNATE PLACE: *Chinquapin Room only if weather is horrible.*

“**TRACKING SKILLS & THE 18th CENTURY FUR TRADE: A WINTER HUNTING CAMP**”

(MN-WINTER) – Trade reenactment, food processing, and hide tanning demonstration.

Snacks and Hot Drinks Arrive at 4:15 pm

4:30 pm – 6:00 pm Work on your hunter/gatherer list. Don't ruin your supper.

6:00 pm – 8:00 pm Place: *Restaurant*

“**NATIVE SUPPER & DISCUSSION OF FOOD & CLOTHING**” **(MN-PLANTS)** – Afterwards there will be an informal Q & A session for those interested.

SUNDAY MORNING:

9:00 am – 11 am – **CHOOSE BETWEEN 3 EVENTS:**

- A. Tracking Walk: **EMPHASIS ON ANIMAL SIGNS** at the Pioneer Farm & Animal Calling: **USING YOUR VOICE TO ATTRACT ANIMALS** **(MN-TRACKING not required)**.
- B. Slideshow: **MEDICINAL/EDIBLE/USEFUL PLANTS OF THE EASTERN WOODLAND INDIANS & EARLY NATURALISTS IN THE APPALACHIAN MOUNTAINS** **(MN-PLANTS required)** – meet in the Maple Room.
- C. Naturalist's Activity: **SCIENTIFIC COLORING, TRACK MAKING & OTHER ACTIVITIES** **(MN-TRACKING not required)** – meet in the Chinquapin Room.

11:00 am – 11:30 am Finishing hide tanning or last chance for hunting/gathering on your own.

11:30 am – NOON PLACE: *Chinquapin Room*

DEM BONES ANSWERS

“**TOP TRACKER**” **(MN-TRACKING & WINTER)** – Judging the scavenger hunt and rewarding the hunter/gatherers (bring your scavenged collection).