



Twin Falls Resort State Park – January 15-17, 2010

Tracking & Woods Lore Workshop

Presented by Trails, Inc.

Step back in time to the 18th century, when American Indians and European Americans lived closer to nature. Learn some of the skills that were necessary for everyday life, and learn of the cultural sharing that has made our modern lives richer. Enjoy nature, drama, tracking, and history in outdoor and indoor settings.

For participants enrolled in the Master Naturalist (MN) Program, this weekend may count toward class hours in: (1) TRACKING 4 hrs, (2) Nature In WINTER 3 hrs., and (3) Medicinal/Useful PLANTS 3 hrs.

WEEKEND WORKSHOP AGENDA

FRIDAY EVENING:

7:00 pm – 8:45 p.m. PLACE: Chinquapin Room

- Welcome to the Park
- Cultural sharing in the 18th century.
- Story: "EASTERN WOODLAND INDIANS"
- Hunting techniques of the Eastern Woodland Indians.
- Introduction to tracking.

"DEM BONES GONNA RISE AGAIN" – mental skill with skulls. All weekend. (MN-TRACKING)

8:45 pm – 9:00 pm Break & snacks – Overview of activities

9:00 pm – 9:30 pm PLACE: Meet at the main lodge entrance.

TRACKING WALK: "LISTEN TO THE DARK" – Attune your senses to nocturnal life

OR

"NATURE IN WINTER" – MN (Master Naturalist) CLASS

SATURDAY:

8:30 am – 9:15 am PLACE: Chinquapin Room

WORKSHOP: PAW PRINT IDENTIFICATION (MN-TRACKING).

9:15 am – 9:30 am Break – no snacks

Introduction to the Hunter/Gatherer/Scavenger Hunt (MN-TRACKING & WINTER):

This is not a large group event.

Individuals and families will scavenge on their own and gather items listed.

This is a friendly competition designed to hone tracking skills.

9:30 am – 12 noon PLACE: Location tba.

TRACKING WALK: "NOSE TO THE BREEZE & EAR TO THE GROUND" (MN-TRACKING & WINTER).

12 noon – 2:30 p.m.

Lunch and scavenging on your own. Work on your hunter/gatherer list.

Tracking & Woods Lore Workshop - con't

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2:30 pm – 4:30 pm PLACE: Gather at Cottage #14.

"TRACKING SKILLS & THE 18th CENTURY FUR TRADE: A WINTER HUNTING CAMP" (MN-WINTER)

Trade reenactment and 'Nature in Winter' walk. Hot drinks afterwards.

4:30 p.m. – 6:00 p.m.

Work on your hunter/gatherer list. Don't ruin your supper.

6:00 – 8:00 p.m. Place: Restaurant

"NATIVE SUPPER & DISCUSSION OF FOOD & CLOTHING" (MN-PLANTS)

Afterwards there will be an informal Q & A session for those interested.

SUNDAY MORNING:

9:00 am – 11:30 am choose between events:

Tracking Walk: EMPHASIS ON ANIMAL SIGNS location to be announced

Animal Calling: USING YOUR VOICE TO ATTRACT ANIMALS (MN-TRACKING not required).

Slideshow: MEDICINAL/EDIBLE/USEFUL PLANTS OF THE EASTERN WOODLAND INDIANS & EARLY NATURALISTS IN THE APPALACHIAN MOUNTAINS (MN-PLANTS REQUIRED) – meet in the Chinquapin Room.

Naturalist's Activity:

SCIENTIFIC COLORING, TRACK MAKING & OTHER ACTIVITIES (MN-TRACKING not required) – meet in the Maple Room.

11:30 am – 12:30pm PLACE: Chinquapin Room

DEM BONES ANSWERS

"TOP TRACKER" (MN-TRACKING & WINTER)

Judging the scavenger hunt and rewarding the hunter/gatherers (bring your scavenged collection).

"RECAP"

Weekend Package Information

Tracking & Woods Lore Workshop – Weekend Package Pricing

For One Person – Two Nights' Lodging at Twin Falls Lodge, Native supper, and all activities – \$148

For Two People – Two Nights' Lodging at Twin Falls Lodge, Native supper, and all activities – \$215

No Lodging– Workshop Only, per person, includes Native supper – \$67

Other package options are available. All packages include workshop, dinner on Saturday night and break refreshments. Reservations are required.

Registration and advance reservations required.

Call Twin Falls State Park at (304) 294-4000 or email Joe Swiney – josephswiney@wvdnr.gov

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