

Tracking & Woods Lore Workshop & Weekend - 2011

January 14-16 at Twin Falls State Park

Presented by Trails, Inc. with instructors: Doug Wood, Dianne Anestis, Mike Little, Sue Little

Step back in time to the 18th century, when American Indians and European Americans lived closer to nature. Learn some of the skills that were necessary for everyday life, and learn of the cultural sharing that has made our modern lives richer. Enjoy nature, drama, tracking, and history in outdoor and indoor settings.

For participants enrolled in the Master Naturalist (MN) Program, this weekend may count toward class hours in: (1) TRACKING 4 hrs. and (2) Medicinal/Useful PLANTS 3 hrs.

FRIDAY EVENING – January 14, 2011

7:00 pm – 8:45 pm PLACE: *Chinquapin Room* - Welcome to Twin Falls. • Cultural sharing in the 18th century. • Story: “EASTERN WOODLAND INDIANS” • Hunting techniques of the Eastern Woodland Indians • Introduction to tracking. Also, “DEM BONES GONNA RISE AGAIN” – mental skill with skulls. All weekend. (MN-TRACKING)

8:45 pm – 9:00 pm Break & snacks. An Overview of the workshop and weekend activities

9:00 pm – 9:30 pm PLACE: *Meet at the main lodge entrance.* - TRACKING WALK: “LISTEN TO THE DARK” – Attune your senses to nocturnal life

SATURDAY – January 15, 2011

8:30 am – 9:15 am PLACE: *Chinquapin Room* - WORKSHOP: PAW PRINT IDENTIFICATION (MN-TRACKING).

9:15 am – 9:30 am Break – no snacks - Introduction to the Hunter/Gatherer/Scavenger Hunt (MN-TRACKING): This is not a large group event. Individuals and families will scavenge on their own and gather items listed. - This is a friendly competition designed to hone tracking skills.

9:30 am – 12 noon PLACE: *Location to be announced.* TRACKING WALK: “NOSE TO THE BREEZE & EAR TO THE GROUND” (MN-TRACKING).

12 noon – 2:30pm Lunch & scavenging on your own. - Work on your hunter/gatherer list.

2:30 pm – 4:30 pm PLACE: *Gather at Cottage #14.* “TRACKING SKILLS & THE 18th CENTURY FUR TRADE: A WINTER HUNTING CAMP” - Trade reenactment and Nature in Winter walk. Hot Drinks afterwards in a Cottage.

4:30 pm – 6:00 pm Work on your hunter/gatherer list. Don't ruin your supper.

6:00 pm – 8:00 pm Place: *Restaurant.* “NATIVE SUPPER & DISCUSSION OF FOOD & CLOTHING” (MN-PLANTS) - Afterwards there will be an informal Q & A session for those interested.

SUNDAY MORNING – January 16, 2011

9:00 am – 11:30 am CHOOSE BETWEEN 3 EVENTS:

- Tracking Walk: EMPHASIS ON ANIMAL SIGNS *location to be announced* & Animal Calling: USING YOUR VOICE TO ATTRACT ANIMALS (MN-TRACKING not required).
- Slideshow: MEDICINAL/EDIBLE/USEFUL PLANTS OF THE EASTERN WOODLAND INDIANS & EARLY NATURALISTS IN THE APPALACHIAN MOUNTAINS (MN-PLANTS REQUIRED) – *meet in the Chinquapin Room.*
- Naturalist's Activity: SCIENTIFIC COLORING, TRACK MAKING & OTHER ACTIVITIES - (MN-TRACKING not required) – *meet in the Maple Room.*

11:30 am – 12:30pm PLACE: *Chinquapin Room*

DEM BONES ANSWERS - “TOP TRACKER” (MN-TRACKING) – Judging the scavenger hunt and rewarding the hunter/gatherers (bring your scavenged collection).

“RECAP”

Tracking and Woods Lore Weekend – Package Price

All packages include the workshop activities, Native Supper (dinner) on Saturday night and break refreshments. Reservations are required.

No Lodging–Workshop only \$67

One Person for two nights' lodging, \$148

Two People for two nights' lodging, \$215

For more information, contact:

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